

Annual Action Plan for June 15, 2014 - June 15, 2015

Wenatchee Substance Abuse Coalition

Goal 1: Decrease the risk associated with family management problems.

Objective 1.1: Increase knowledge of family management skills. (Including monitoring, punishment, discipline, limit setting, control, and managing anger in parents/caregivers).

CSAP Strategy Bars 22.2 Education

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
<i>Name of activity/program</i>	<i>Briefly state the main purpose of the activity</i>	<i>When will this take place? What is timeframe for this activity?</i>	<i>How much? How often?</i>	<i>Who is this service for? How many people impacted?</i>	<i>Who is conducting?</i>	<i>Who from the coalition is making sure this gets done?</i>
Strengthening Families Program	Deliver evidenced-based parenting classes in English. Focused on family management skills.	Sept. 2014- June2015	2 hour sessions @ 1 per week or 7 weeks (one time)	10-15 parents/caregivers within Wenatchee School District	WSU Extension office	Trained facilitators in Strengthening Families Program
Becoming a Love & Logic Parent Program	Deliver research based parenting classes in English & Spanish that will focus on family management skills and ACEs	Sept. 2014- August 2015	4 separate classes, 12 hours each class	120 English & Spanish speaking parents/caregivers who reside in the Wenatchee School District	TOGETHER for Youth	Trained Love & Logic Instructors

Goal 2: Increase Community Connectedness while decreasing the risk associated with community laws and norms favorable to drug use.

Objective 2.1: Increase membership on and awareness of the Wenatchee Substance Abuse Coalition.

CSAP Strategy BARS 22.5: community Based Process

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
Coalition Recruitment & Retention	Maintain a minimum of 8 sector members by recruiting and educating community	07-01-14 & ongoing	School newsletters, social media, Radio PSA's Attend meetings	Population within Wenatchee School District boundaries	Wenatchee Substance Abuse Coalition	Coalition members, officers, coalition coordinator
Maintain use of SPF model	Educate coalition members on the Research Framework Model	September 2014 & yearly	2 hour coalition meeting annually	All coalition members	Coalition Coordinator & Coalition officers	Coalition coordinator
Key Leader Orientation	Inform the community at large of the Wenatchee Substance Abuse Coalition, recruit new members and disseminate community survey results.	January 2015 & ongoing yearly	2 hour coalition meeting annually	Key community leaders and coalition members	Wenatchee Substance Abuse Coalition members	Coalition Chair and Coalition Coordinator
Maintain a culturally competent coalition	Bring in presenter with expertise on topics around culturally competency	Sep. 2014 & ongoing once yearly	4 – 6 hour training	Coalition and Population within Wenatchee School District boundaries	Wenatchee Substance Abuse Coalition & City of Wenatchee	TBD presenter & Coalition Coordinator
Community Outreach Program (public awareness)	Enhance coalitions recruitment & awareness to community on underage drinking and other substances	June 2014 – July 2015	Monthly @ health fairs, community events, social service events, & school events	30,000 to 70,000 community members	Wenatchee Substance Abuse Coalition	Coalition Coordinator, Youth Coalition, adult coalition members

Goal 3: Decrease the risk associated with community laws and norms favorable to drug use, firearms & crimes
Objective 3.1: Implement programs that target Environmental Strategies by implementing Community Awareness Activities
CSAP Strategy BARS 22.6: Environmental

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
Project Sticker Shock with Retailer Education	<i>Environmental Strategy Evidenced-based program</i>	<i>July 2014 – July 2015</i>	<i>Educate local alcohol retailers</i>	<i>Local Alcohol retailers</i>	<i>Wenatchee Substance Abuse Youth Coalition & Youth Coalition Advisor</i>	<i>Adult & Youth Coalition, members</i>

Goal 4: Reduce early and persistent antisocial behavior
Objective 4.1: Increase social competence among youth ages 4-10 as measured using evidenced-based program.
CSAP Strategy BARS 22.2: Education

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
Second Step Program	<i>20 session program designed for youth ages 4 – 14. Second Step teaches children to identify and understand their own and other’s emotions, reduce impulsiveness and choose positive goals and manage their emotional reactions and decision making process. (excerpt from NREPP)</i>	<i>Minimum of 10 classrooms during Sept. 2014 –June 2015</i>	<i>Program implemented in school settings by facilitators contracted by coalition</i>	<i>300 youth in grades 1 - 5</i>	<i>Wenatchee Substance Abuse Coalition</i>	<i>Coalition Coordinator, school counselors & teachers.</i>

Goal 5: Decrease the risk associated with favorable attitudes towards problem behavior

Objective 5.1: Increase refusal and resistance skills in youth; 3rd to 6th grade.

CSAP Strategy BARS 22.2: Education

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
Life Skills Training	All this evidenced-based program will increase self-esteem, develop health attitudes and improve knowledge of essential life skills	Sept. 2014 – June 2015	8 class sessions 30 – 40 minutes each session	350 elementary students 3 rd through 6 th grades at 3 separate schools	Wenatchee School Staff	Elementary School counselors

Goal 6: Decrease the risk associated with the perception among middle school & high school students that ATODs are not that harmful

Objective 6.1: Increase perceived risk of ATOD use among middle & high school students through direct interaction with the P/I Specialist

CSAP Strategy BARS 22.2: Education

Activity/Program	Brief Description	When	How	Who	Lead Organization	Responsible Party (ies)
Project Success	This evidenced-based program will prevent initiation of substances, identify students at risk so intervention can occur	During school year Sept. 2014 – June 2015	6 to 8 sessions 50 minutes per session	565 high school freshman class & Student Prevention Group	North Central Educational Service District	Prevention Intervention Specialist