

## Overview:

# Strategic Prevention Framework State Prevention Enhancement Grant

SAMHSA/SPE Grant (September 2011- August 2012): \$600,000

A capacity building and strategic planning grant in preparation for health care reform

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## BACKGROUND

The Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Substance Abuse Prevention (CSAP), FY2011 Strategic Prevention Framework State Prevention Enhancement grant (SPE grant) is designed to strengthen and extend SAMHSA's national implementation of the community level strategic planning model, Strategic Prevention Framework (SPF), so as to bring the SPF to scale and support communities of high need nationwide. The SPF process is an integral part of SAMHSA's mission to reduce the impact of substance abuse and mental illness on America's communities.

The SPE Program is designed to support our state in enhancing our infrastructure to reduce the impact of substance abuse. Through stronger, more strategically aligned substance abuse infrastructures, the state will be better positioned to apply the SPF process to implement data-driven, evidence-based prevention programs, policies and practices in their communities. The SPE Program is intended to support the state in strengthening and enhancing our current prevention infrastructure to support more strategic, comprehensive systems of community-oriented care. SPE funding will foster more responsive, interactive state systems that can better address and adjust to the complexities of evolving health care initiatives and their fiscal implications for communities of high need.

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## WHAT IS THE Washington State Strategic Prevention Enhancement Project?

DBHR is working with the Strategic Prevention Enhancement (SPE) Policy Consortium and will develop and implement a Capacity Building and Infrastructure Enhancement Plan, and a Comprehensive Strategic Prevention 5-year Plan. The *SPE Project* will enhance our prevention infrastructure to better support local high-need communities as they address substance abuse. The Division of Behavioral Health and Recovery (DBHR), using the SPE grant, will build on current strengths in our systems to initiate and implement the following key enhancements:

1. **Building more interagency collaborations that align existing state efforts** and bring current key state and community partners together in the SPE Policy Consortium to reduce duplication and encourage alignment and braiding of assessments, priorities, planning, reporting and evaluation. The SPE Policy Consortium will capitalize on system strengths and bring in new partners essential to the success of development of a state Capacity Building and Infrastructure Enhancement Plan, and a Comprehensive 5-Year Strategic Prevention Plan.

### Key activities:

- Capacity Building/Infrastructure Enhancement Plan
- Comprehensive 5-Year Strategic Prevention Plan
- Conduct monthly meetings
- Develop primary care and mental health partnerships for increased integration
- Seek stakeholder and community feedback for the development of the Plans

## GRANT INFORMATION

The Division of Behavioral Health and Recovery (DBHR) was awarded **\$600,000** to enhance our infrastructure by providing consistent professional training across our state agencies and community partners, providing a more accessible and responsive data collection system, and integrating primary care with substance abuse prevention, to create a contemporary and responsive prevention system infrastructure to meet the emerging demands of local needs and federal initiatives.

*Full copy of the DBHR SPE proposal is available on [www.theAthenaForum.org](http://www.theAthenaForum.org). Search "SPE".*

## Overview:

### Strategic Prevention Framework State Prevention Enhancement Grant

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2. **Expand Training Plan** to be a more extensive training, technical assistance **and workforce development plan** that includes: enhance website capabilities to host video trainings, webinars, and distance learning opportunities; expansion of trainings to include special topics areas and at risk populations and feasibility studies on required prevention professional certification, provider licensing and service rates.

Key Activities:

- Identify and develop special training topic areas
- Conduct, record and post online trainings
- Support Communities That Care training for state staff and implementation in three communities
- CADCA Coaching and technical assistance training for state staff
- Revise Student Assistance manual and Art and Science of Community Mobilization training
- Conduct Certification, Licensing and Rates feasibility studies

3. **Expand and operationalize current data collection and reporting systems** making data collection and reporting easily accessible and useable for both state and local communities. Enhancing data collection systems for assessment, evaluation and monitoring: improving the current resources assessment data collection instrument; incorporating improved reporting formats; increasing accessibility and use of Healthy Youth Survey data; and developing support for its use among state and local partners.

Key Activities:

- Write process and outcome evaluation reports and submit coding for addition to PBPS
- Add a resources assessment model that can track local community level resources and coalitions
- Enhance askHYS.net to offer multiple-variable queries on Healthy Youth Survey results
- Develop with OSPI a standardized system for authorizing the local level review of school building level data reports on askHYS.net.

4. Develop capacity in local communities to work with primary care through establishing a **Primary Care Integration Demonstration project**, which will identify and/or develop innovative strategies, by providing incentives to local communities to integrate substance abuse prevention with primary care, and expand our understanding of mental/emotional behavioral disorders and prescription and over the counter drug abuse prevention into current substance abuse prevention infrastructure.

Key Activities:

- Develop and distribute guidelines and requirements for Prevention Redesign Initiative communities' participation. Review and select communities.
- Review community reports semi-annually and distribute incentives.
- Document process and outcomes of the Primary Care Integration Demonstration projects.
- Disseminate lessons learned statewide and post information on TheAthenaForum.org.

The Washington State Strategic Prevention Enhancement project will provide infrastructure enhancement support to state agencies, local governments and our providers. We anticipate that as a result of this effort all of the citizens of Washington will share in its intended outcomes. This funding is for a one-year infrastructure and planning project and therefore, no specific direct service population is defined.

## Overview:

### Strategic Prevention Framework State Prevention Enhancement Grant

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#### GOALS

The State Prevention Enhancement Project will build state infrastructure and develop a multi-agency plan for more integrated state substance abuse prevention system to create cost savings and improve effectiveness and efficiency.

1. Increase state prepared infrastructure in preparation for federal health care initiatives.
2. Improve access and use of process and outcome data in local community planning and implementation.
3. Increase availability of information regarding working with special populations and accessibility to training resources for state prevention providers.
4. Increase knowledge and understanding of successful strategies for integration of substance abuse prevention with primary care and mental health promotion.

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#### PARTNER ORGANIZATIONS AND ACTIVITIES:

DBHR is partnering with the following 22 state agencies and organizations to support and be involved in the SPE project.

- Department of Commerce
- Department of Early Learning
- Department of Health
- Division of Behavioral Health & Recovery
- Family Policy Council
- Health Care Authority
- Lieutenant Governor's Office
- Liquor Control Board
- Office of Indian Policy
- Office of Juvenile Justice
- Office of Superintendent of Public Instruction
- Office of the Attorney General
- State Board of Health
- State Epidemiological Outcome Workgroup
- University of Washington
- Washington Association for Substance Abuse and Violence Prevention
- Washington Coalition to Reduce Underage Drinking
- Washington Drug Free Communities Coalition of Coalitions
- Washington National Guard
- Washington Prevention Professionals Certification Board
- Washington State Patrol
- Washington State University
- Washington Traffic Safety Commission

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